The wait

This girl has been waiting for a consultation for depression problems for 8 months.

In the face of desperation, look for the easy way out.

We have to raise awareness among everyone, especially the youngest, to stop normalising bullying.

Promote healthy activities that evade us from our problems.

Improve health access regarding the psychologist service.

One solution would be to promote national teenagers suicide prevention programs.

Suicide is the second cause of death among teenagers in the European Union, we must do something to solve it.

In this short film, we want to represent the story of a young woman with serious mental problems and the scarcity of resources in the European public health sector related to mental health. We cannot continue seeing and allowing this and more to happen in childhood and adolescence.